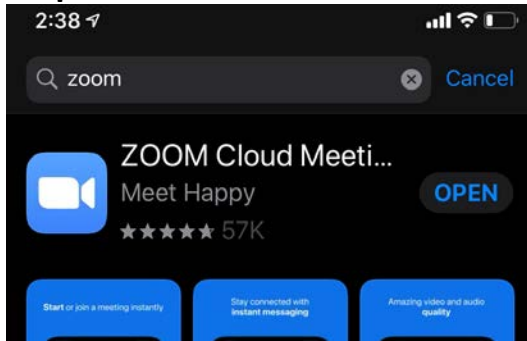


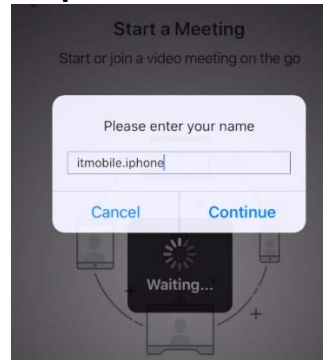
# TELEMEDICINE AND HOW TO CONNECT TO YOUR CMHA CLINICIAN OR PRESCRIBER

## Step 1



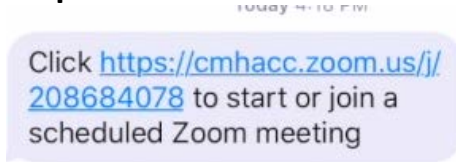
Search and Download the "ZOOM Cloud Meetings" App from the App Store or Google Playstore on your iPhone or Android.

## Step 4



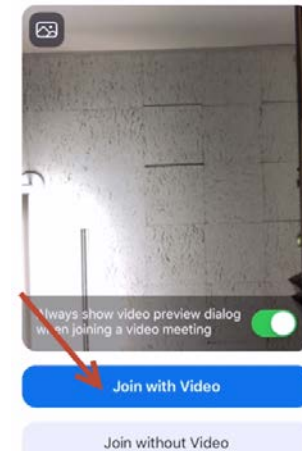
Enter your first name and last initial for example Jon P then press "Continue"

## Step 2



You will receive a text message from your clinician.

## Step 5



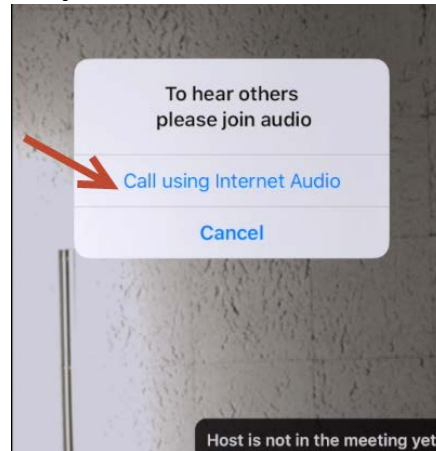
Choose Join with Video

## Step 3



Click on "Join a Meeting"

## Step 6



Choose Call using Internet Audio

If you see the message "Host is not in the meeting yet" please wait and your clinician will be with you shortly.