



CMHA

Community Mental Health Affiliates

HIGH QUALITY HOME BASED BEHAVIORAL HEALTH CARE

CMHA's staff are the best and the brightest, caring for nearly **7,000** children, families and adults each year in greater New Britain, Waterbury and Torrington.

Using effective and innovative treatment, we provide in-home care to help families stay together and to help parents remain sober and substance free. Services are bilingual and culturally sensitive.

100% of CMHA's knowledgeable, experienced clinicians are trained in treatment that's proven to be effective.

Positive Change, Lasting Impact

63%

of parents felt less distressed

73%

of parents reduced their substance abuse

93%

of children remained at home with their caregivers

Helping Families Get Better Together



CMHA's home based treatment makes a difference in:

- Stronger emotional ties between parents and children
- Family skills to persevere in times of crisis
- Stronger social support from families and friends
- Improved access to services to help cope with stress

Families are highly satisfied with care

93%

I am better able to communicate effectively

97%

Healthy family functioning has improved

99%

Staff are sensitive to my cultural needs

When you're ready, so are we.

We take referrals for a selection of home based services.

Call to learn more.

203.596.9724 255 Bank Street, Waterbury



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@CMHACT/ cmhacc.org



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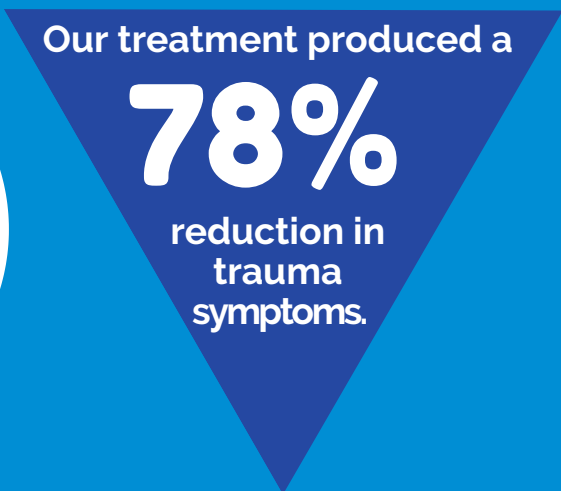
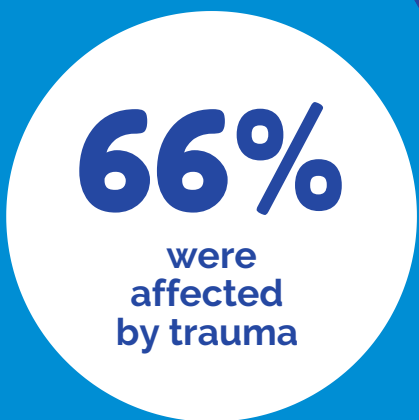
EXPERTS IN BEHAVIORAL HEALTH CARE FOR KIDS & TEENS

CMHA's staff are the best and the brightest, caring for nearly **7,000** children, families and adults each year in greater New Britain, Waterbury and Torrington.

Using effective and innovative treatment, we provide counseling, intensive outpatient, and in-home treatment for youth struggling with emotional and behavioral problems. Services are provided in English and Spanish.

100% of CMHA's knowledgeable, experienced clinicians are trained in treatment that's proven to be effective.

Positive Change, Lasting Impact



Coordinated Behavioral Health Care



We believe in whole person care, and we are the best when it comes to coordination and integration with schools, pediatricians, and other health care professionals.

Families are highly satisfied with services



When you're ready, so are we.

New Britain: 860.224.8192

Waterbury: 203.596.9724

Torrington: 860.482.8561



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EXPERTS IN BEHAVIORAL HEALTH CARE

CMHA's staff are the best and the brightest, caring for nearly **7,000** individuals and families each year in greater New Britain, Waterbury and Torrington.

Using effective and innovative treatment, we provide mental health and substance abuse counseling, case management, care coordination, intensive outpatient, and medication assisted treatment (MAT).

**Our staff are highly trained and culturally competent.
Bilingual clinicians offer care in Spanish and Polish.**

Positive Change, Lasting Impact

65%

of new clients receive same day instant access to care

84%

of MAT clients remain in treatment for more than 1 year*

**State goal is 50%*

We Keep Clients in Their Communities



CMHA clients have the state's **lowest rate (12%)** of hospital readmission in the month following an ER visit.

Clients are highly satisfied with services

94%

feel they are in control of their treatment

95%

overall satisfaction

96%

quality of care

When you're ready, so are we.

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